




**A BRIEF ABOUT HUMANITARIAN  
PROJECTS UNDERTAKEN BY ICD  
SECTION VI IN ASSOCIATION WITH  
IDA CHANDIGARH STATE BRANCH  
IN THE YEAR 2021**



**BLOOD DONATION CAMP AT  
PRESS CLUB, SECTOR 27,  
CHANDIGARH ON  
JANUARY 8<sup>th</sup>, 2021**

International College of Dentists,  
Section VI & IDA Chandigarh in  
association with Department of  
Transfusion Medicine, PGI and  
Rotary Club, Chandigarh Uptown,  
organized a blood donation camp at  
the Press club premises on  
January 8<sup>th</sup>, 2021.

## **51 donate blood in Press Club**

**Chandigarh:** Chandigarh Press Club, in association with department of transfusion medicine, PGI and Rotary Club, Chandigarh Uptown, organised a blood donation camp on the club premises on Friday. A total of 51 members, club staff and guests donated blood on the occasion. Organisers felicitated blood donors with gifts and certificates. TNN





100  
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STAMP CLUB CHANGEMAKEUP OFFICE  
SUGGESTING  
BLOOD DONATION  
ON DATE 04/11/2023  
STAMP CLUB, BANGALORE



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Rotary  
Rotary Opens Opportunities  
**ROTARY CLUB CHANDIGARH UPTOWN**  
ON DATE 08-01-2021  
AT PRESS CLUB, SEC. 27, CHANDIGARH







A Total of 51 members, club staff and guests donated the blood on the occasion.

Organisers felicitated blood donors with gifts & certificates.



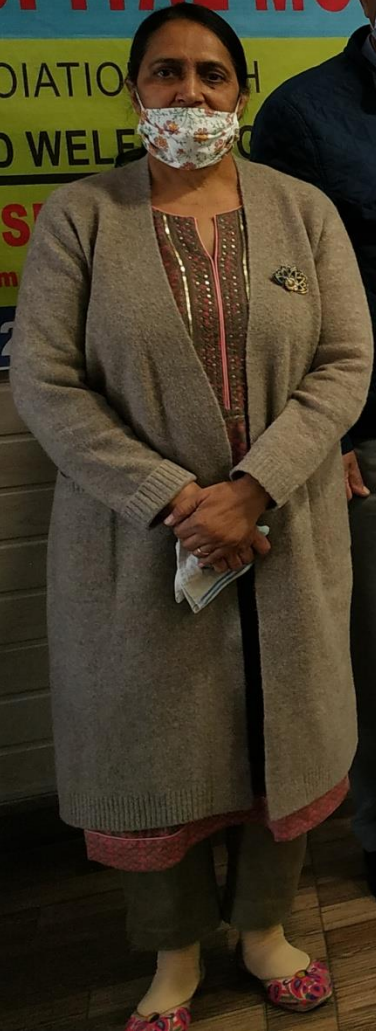


**FREE EYE CHECK-UP CAMP AT  
PRESS CLUB, CHANDIGARH ON  
JANUARY 30<sup>th</sup>, 2021**



International College of Dentists (ICD), along with IDA Chandigarh, Inner Wheel Club, Chandigarh Central arranged a Free Eye Check-Up Camp at Chandigarh Press Club, Sector 27-B, Chandigarh on January 30<sup>th</sup>, 2021.

FOR CONTROL OF BLINDNESS (NPCB)  
**CHECKUP CAMP**  
ORGANISED BY  
**HOSPITAL MOHILI**  
SSCOIATIO  
AND WELF  
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INDIAN DENTAL ASSOCIATION  
CHANDIGARH - STATE BRANCH

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CHANDIGARH - STATE BRANCH

**ida**





materials from his office in Phase 2, Industrial Area, Chandigarh. Garg said that the accused had entered his office on the intervening night of January 28/29 by breaking the glass. A case was registered.

HTC

## Free eye check-up at Chandigarh Press Club

**CHANDIGARH:** The International College of Dentists, International Dental Association, Chandigarh state branch, and Inner Wheel Club, Chandigarh Central,

organised a free eye check-up camp at Chandigarh Press Club in Sector 27 on Saturday. The camp was conducted by a team from JP Eye Hospital, Sector 61, Mohali. More than 150 journalists and their kin availed the services.

HTC

## Traffic police hold awareness rally

**CHANDIGARH:** UT traffic police organised an awareness rally to encourage female riders riding two-wheelers to wear helmets. The rally was organised in



REDMI NOTE 5 PRO  
MI DUAL CAMERA

# 150 attend eye camp at press club

TIMES NEWS NETWORK

**Chandigarh:** The International College of Dentists (ICD) Section VI, a global organisation of dentists, IDA Chandigarh state branch and inner wheel club, Chandigarh central, organised a free eye check-up camp at the Chandigarh Press Club at Sector 27B on Saturday.

The camp was conducted by Dr Sanjay Mishra and his team from JP Eye Hospital, Sector 61, Mohali.

More than 150 journalists and their families availed the services.

इस मौके पर मेयर रविकान्त ने कहा कि स्वच्छता का संदेश हमें जन-जन पहुंचाना है जिसके लिए हमें अभियान के तौर पर काम करना होगा।

एक महीने से चल रही थी चरखा कताई : महात्मा गांधी ने स्वदेशी का संदेश देने के लिए चरखा कताई का काम शुरू किया था ताकि तैयारी खादी से शरीर को ढक सकें। उसी दिशा में गांधी स्मारक भवन सेक्टर-16 में बीते एक महीने से चरखा कताई का कार्यक्रम चल रहा था। अलग-अलग लोग अलग-

गांधी के सिद्धांत पर कोरोना कर रहे थे। उन्होंने कहा कि सिद्धांतों महामारी में हमें बापू के सारे सिद्धांतों को जिंदा करके दिखा दिया है। बापू को सफाई अभियान की अहम मानते थे और कोरोना में हमें उसी के सबसे ज्यादा काम करना पड़ा। इसके अलावा आपसी भाई-चारा और प्यार और शांति का संदेश भी महात्मा गांधी ने दिया है जिसका वर्तमान में अनुसरण भारत के अलावा विदेशों में भी हो रहा है और वह लोग बेहतर जीवन यापन कर रहे हैं।



चंडीगढ़ : सेक्टर-27 स्थित प्रेस क्लब में शनिवार को आंखों की जांच का कैंप आयोजित हुआ। इसमें क्लब के सदस्यों और उनके परिजनो के आंखों की जांच की गई।

## शिविर में डा. मिश्रा ने की आंखों की जांच

जासं, चंडीगढ़ : चंडीगढ़ प्रेस क्लब में शनिवार को आंखों की जांच का शिविर लगाया गया। इसमें 150 से ज्यादा पत्रकार और उनके परिवार के सदस्यों ने आंखों की जांच करवाई। यह कैंप मोहाली के जेपी आई हास्पिटल के डाक्टर संजय मिश्रा

और उनकी टीम द्वारा लगाया गया था। इस मौके पर डाक्टर आरती गुप्ता डा. वरुण बजाज इनर व्हील क्लब की अध्यक्ष वीणा सिंगला और सचिव अमिता गोयल भी उपस्थित थे। क्लब के सदस्यों ने कैंप के आयोजन की सराहना की।

**कलसीफाइड**

आवश्यकता

PTJ आयुर्वेदिक कंपनी sms जाँच करके लड़के लड़कियां गृहणी घर बैठे पार्ट/फुलटाइम कमाए 15-45000 महीना लैपटॉप+मोबाइल फ्री Call/sms करें हाउस नं- 7/3, देवपुरा रोड हरिद्वार #

# 73 साल बाद


सुमेश ठाकुर • चंडीगढ़

महात्मा गांधी द्वारा गठित नई तालीम समिति के नियम अभिभावकों की सोच के कारण आजादी के 73 साल बाद भी लागू नहीं हो पाए हैं। जिसका मुख्य कारण अभिभावकों की सोच है। महात्मा

The Camp was conducted by Dr. Sanjay Mishra and his team from JP Eye Hospital, Sector , Mohali. More than 150 journalists and their family members availed the services of Eye Screening including Cataract test, Refractive test and Eye Pressure test.

Dr. R P Gupta (President, ICD Section VI & President, IDA Chandigarh), Dr. Varun Bajaj (Vice President, IDA Chandigarh), Ms. Veena Singla (President, Inner Wheel Club, Chandigarh Central) & Ms. Amita Goel (Secretary, Inner Wheel Club, Chandigarh Central) were present.





**INTERNATIONAL WOMEN'S  
DAY CELEBRATION BY ICD  
SECTION VI AND IDA  
CHANDIGARH ON MARCH 8<sup>th</sup>,  
2021**



On the occasion of International Women's Day 2021, ICD Section VI and IDA Chandigarh State Branch honoured COVID Warriors from Anganwadi Centre, Village Nada Sahib, District Panchkula, Haryana State on March 8<sup>th</sup>, 2021.





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These warriors worked tirelessly during the COVID 19 pandemic. Vishesh Rani, Balbir Kaur, Daljeet and Salochna from Anganwadi Centre, Village Nada Sahib were honoured by IDA and ICD. Dr. R P Gupta, Dr. Varun Bajaj, Dr. Vijita Mehta and Dr. Vishal Malik were present on the occasion.



**WORLD HEALTH DAY  
CELEBRATIONS BY ICD SECTION  
VI AND IDA CHANDIGARH ON  
7<sup>th</sup> APRIL, 2021**



International College of Dentists,  
Section VI and IDA Chandigarh  
State Branch celebrated World  
Health Day 2021 by delivering a  
Health Talk on ETV Bharat & by  
organising a Public Awareness  
Program on 7<sup>th</sup> April, 2021 evening  
at Town Park, Sector 5, Panchkula.





World Health Day  
7th April, 2021  
Building a Fairer,  
Healthier World  
for Everyone

Health Inequities  
are  
Unjust & Unfair

Employment of Highest  
Sustainable Standard of  
Health is one of the  
Fundamental Rights  
of every Human Being

COVID Vaccine for everyone  
without distinction of Race,  
Religion, Political Beliefs,  
Economic & Social Conditions

COVID-19 Pandemic has  
undercut the recent health  
Gains & amplified Gender  
Inequality & Health Inequities

hello  
world

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1997-2000

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Chandigarh State Branch

**World Health day**  
7th April, 2021

**Building a Fairer,  
Healthier World  
for Everyone**




**hello  
world**

we must get health  
services to all  
communities

**it's time to build  
a fairer healthier  
world for everyone  
everywhere**





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International Council of Dentists  
Indian Dental Association  
Chandigarh State Branch

**World Health day**  
7th April, 2021

**Building a Fairer,  
Healthier World  
for Everyone**

**hello  
world**

**we must get health  
services to all  
communities**

**it's time to build  
a fairer healthier  
world for everyone  
everywhere**



ICD  
ida  
Health Inequities  
are  
Unjust & Unfair

ICD  
ida  
Enjoyment of Highest  
Attainable Standard of  
Health is one of the  
Fundamental Rights  
of every Human Being

hello  
world  
It's time to build  
a better world  
together

ICD  
ida  
COVID-19 Pandemic has  
undercut the recent Health  
Gains & amplified Gender,  
Social & Health Inequities

ICD  
ida  
COVID Vaccine for everyone  
without distinction of Race,  
Religion, Political Belief,  
Economic & Social Conditions

ICD  
ida  
World Health day  
7th April, 2021  
Building a Fairer,  
Healthier World  
for Everyone



**ICD** **ida**  
Enjoyment of Highest Attainable Standard of Health is one of the Fundamental Rights of every Human Being

**ICD** **ida**  
World Health day  
7th April, 2021  
Building a Fairer, Healthier World for Everyone

**ICD** **ida**  
Health Inequities are Unjust & Unfair

**hello world**  
It's time to stand up for the world we want to live in



ICD *ida*  
COVID Vaccine for everyone  
without distinction of Race,  
Religion, Political Belief,  
Economic & Social Conditions

ICD *ida*  
Health Inequities  
are  
Unjust & Unfair

ICD *ida*  
World Health Day  
7th April, 2022  
Building a Fairer,  
Healthier World  
for Everyone

hello  
world



ICD *ida*  
COVID-19 Pandemic has  
undercut the recent Health  
Gains & amplified Gender,  
Social & Health Inequities


ICD *ida*



ICD *ida*

ICD *ida*

ICD *ida*

   
COVID Vaccine for everyone  
without distinction of Race,  
Religion, Political Belief,  
Economic & Social Conditions

  
COVID-19 Pandemic has  
exposed the recent Health  
& amplified Gender,  
Racial & Health Inequities

   
**Enjoyment of Highest  
Attainable Standard of  
Health is one of the  
Fundamental Rights  
of every Human Being**

**ICD**  
**ida**  
Health Inequities  
are  
Unjust & Unfair

**ICD** **ida**  
World Health day  
7th April, 2021  
Building a Fairer,  
Healthier World  
for Everyone





**ICD** **ida**  
**Health Inequities are Unjust & Unfair**


**hello world**  
A heart icon with a checkmark inside.

**ICD** **ida**  
COVID Vaccine for everyone without distinction of Race, Religion, Political Belief, Economic & Social Conditions


**ICD** **ida**  
COVID-19 Pandemic has worsened the existing Health Crisis & amplified Gender, Racial & Health Inequities

**ICD** **ida**  
Enjoyment of Highest Attainable Standard of Health is one of the Fundamental Rights of every Human Being


**ICD** **ida**  
**World Health day 7th April, 2021**  
**Building a Fairer, Healthier World for Everyone**



Keeping the slogan view  
"Building a fairer, healthier  
world for everyone", a Health  
March was conducted on the  
track of the park.



Following the COVID protocols, small group interactions with the evening walkers & public present in the park were done & they were informed about the importance of good General Health & it's relation with the Oral Health. More than 2 hours were spent in this exercise.



**ICD SECTION VI AND IDA  
CHANDIGARH STATE BRANCH  
CELEBRATED "WORLD NO  
TOBACCO DAY"**

The official theme "I can, I will, I must" was adopted this year based on WHO's World No Tobacco Day 2021 Theme "Commit to Quit". Through this campaign, 2 Big Hoardings were placed on one of the busiest roundabouts of Panchkula (Chandigarh Tricity).

# STOP SMOKING!

World No Tobacco Day



INTERNATIONAL COLLEGE OF DENTISTS



Indian Dental Association  
Chandigarh - State Branch

## 31 May, 2021

**STOP SMOKING!**  
World No Tobacco Day



**ICD** **ida**

31 May, 2021

**ICD** **ida**

**Smoking leaves  
an unseen scar,  
it fills your insides  
with toxins & tars.**

**ICD** **ida**


**12% of Deaths  
Worldwide among  
those over age 30 are  
caused by Tobacco.**



ICD ida  
**Reject Not Regret.  
Say No to Tobacco**

ICD ida  
**Quit Tobacco  
before  
it kills You**





With this we plan to advance  
General and Oral Health Awareness  
by providing people with the Tools.  
They need to take responsibility for  
their own health.



**BLOOD DONATION CAMP AT  
PRESS CLUB, SECTOR 27,  
CHANDIGARH ON JULY 14<sup>th</sup>,  
2021**

International College of Dentists  
Section VI & IDA Chandigarh in  
association with Department of  
Transfusion Medicine, PGI and  
Rotary Club, Chandigarh Uptown,  
organized a blood donation camp  
at the Press club premises on July  
14<sup>th</sup>, 2021.



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INDIAN DENTAL ASSOCIATION  
CHANDIGARH - STATE BRANCH

ROTARY CLUB CHANDIGARH UPTOWN  
&  
ROTARACT CLUB CHANDIGARH UPTOWN  
ORGANIZES  
BLOOD DONATION CAMP  
GIVE BLOOD  
Save LIFE  
SS CLUB, SECTOR 27-B, CHANDIGARH  
87789 8082



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**INDIAN DENTAL ASSOCIATION**  
CHANDIGARH - STATE BRANCH

**ROTARY CLUB CHANDIGARH UPTOWN**  
ROTARACT CLUB CHANDIGARH UPTOWN  
SIZES  
**BLOOD DONATION CAMP**



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Welcome you

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**INDIAN DENTAL ASSOCIATION**  
CHANDIGARH - STATE BRANCH


**ROTARY CLUB CHANDIGARH UPTOWN**  
&  
**INDIAN DENTAL ASSOCIATION CHANDIGARH UPTOWN**

District 3081


**BLOOD DONATION CAMPAIGN**

TO CHANGE LIVES





More than 50 donors came forward to become part of this noble cause.



**DENTAL SCREENING CAMP FOR  
POLICE PERSONNEL OF  
CHANDIGARH & THEIR  
FAMILIES ON 13<sup>th</sup> OCTOBER,  
2021**



International College of Dentists (ICD) Section VI, a global organization of Dentists & IDA Chandigarh State Branch in association with Chandigarh Police (Women & Child Support Unit) organized a Dental Screening Camp along with Preventive measures of Pit & Fissure Sealants, Flouride Application & Brushing Demonstration for the Police Personnel of Chandigarh & their families at Police Station, Sector 17 on 13<sup>th</sup> October, 2021.



# WELCOME

NO SECTION VI & IIA CHANDIGARH STATE BRANCH/  
IN ASSOCIATION WITH CHANDIGARH POLICE



ICD

DENTAL SCREENING CAMP ALONG WITH PREVENTIVE  
MEASURES OF PIT & FISSURE SEALANTS, FLOURIDE  
APPLICATION & BRUSHING DEMONSTRATION FOR  
POLICE PERSONNEL OF CHANDIGARH & THEIR FAMILIES  
13TH OCTOBER, 2021  
POLICE STATION, SECTOR 17, CHANDIGARH



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STATE BRANCH

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**WELCOME**  
**ICD SECTION VI & IDA CHANDIGARH STATE BRANCH**  
**IN ASSOCIATION WITH CHANDIGARH POLICE**  
  
DENTAL SCREENING ALONG WITH PREVENTIVE  
MEASURES OF DENTAL SEALANTS, FLOURIDE  
APPLICATION DEMONSTRATION FOR  
POLICE PERSONNEL CHANDIGARH & THE NEARBY  
POLICE STATIONS



**WELCOME**  
**ICD SECTION VI & IDA CHANDIGARH STATE BRANCH**  
**IN ASSOCIATION WITH CHANDIGARH POLICE**  
DENTAL SCREENING CAMP ALONG WITH PREVENTIVE  
MEASURES OF PIT & FISSURE SEALANTS, FLOURIDE  
APPLICATION & BRUSHING DEMONSTRATION FOR  
POLICE PERSONNEL OF CHANDIGARH & THEIR FAMILIES  
**13TH OCTOBER, 2021**  
**POLICE STATION, SECTOR 17, CHANDIGARH**

INDIAN DENTAL ASSOCIATION  
CHANDIGARH STATE BRANCH

AS  
CHAND







Dr. [Name]

Police Officer [Name]


Police Officer [Name]

Man in Blue Shirt [Name]









The services were availed by around 100 Police Personnel & their family members.

The Camp was conducted by Dr. Nishant & his team from Oral Health Sciences Center, PGIMER Chandigarh.

Dr. R P Gupta (President, IDA Chandigarh & President, ICD Section VI), Fellow Dr. Arpit Gupta (General Secretary, IDA Chandigarh), Fellow Dr. Varun Bajaj (Vice President, IDA Chandigarh), Fellow Dr. Mukesh Dhameja & Fellow Dr. Ashish Gupta, IDA Chandigarh members Dr. Mannit Mittal & Dr. Payal Luthra, Inspector Ram Rattan Sharma (SHO, Sector 17 Police Station) & Inspector Parvesh Sharma (SHO, Women Police Station) were present.



**THANKSGIVING TUESDAY  
CELEBRATIONS ON NOVEMBER  
30<sup>th</sup>, 2021**

IDA Chandigarh State Branch & International College of Dentists, Section VI (India, Sri Lanka & Nepal) celebrated Thanksgiving Tuesday (A way of thanking Almighty by doing good for the benefit of the mankind) by organizing a Langar (Free Community Kitchen Service) on 30th November, 2021 (Tuesday) afternoon at Gurudwara Nanak Darbar Sahib, Mullanpur Garibdas, District SAS Nagar, Punjab.



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ਪੰਗਰਾਮ ਸਬੰਧੀ ਰਵਾਇਤਾਂ  
(1) ਪੰਗਰਾਮ ਵਰਨ ਉਪਰੰਤ ਸਭਾਈ ਦੀ ਸਿੰਮੇਵਰੀ ਖੁਦ  
ਦੀ ਹੋਵੇਗੀ ਨੀ।  
(2) ਪੰਗਰਾਮ ਵਰਵਾਉਣ ਲਈ ਟੈਂਟ ਗੁ-ਸਾਹਿਬ ਦੀ ਇਮਰਤ  
ਤੋਂ ਸਾਇਡ ਤੇ ਲਗਾਓ ਨੀ।  
ਪੰਗਰਾਮ ਦੀ ਸ਼ਕਿੰਗ ਜਿਹਨ ਪਹਿਲਾਂ ਵਰਵਾਏ  
ਪੰਗਰਾਮ ਕੰਬ ਵਰਵਾਉਣ ਲਈ ਸੰਪਰਕ  
ਰਮੀਓ ਪ੍ਰਾਪਤ ਕਰੋ  
ਕਮੇਟੀ (ਸਤਵੰਗ ਸਿੰਘ)

ਹਾਲ



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**RID 3080**

  
Rtn. Shokhar Mehta  
Rtn. Rashi Mehta

**Rotary  
Chandigarh**

**SERVE TO CHANGE**

Rtn. Rajesh Kumar Jain  
President (2021-22)  
9417661054

Rtn. Secy  
98...

**Rotary Club Chandigarh**





ਗੁਰਦੁਆਰਾ ਨਾਨਕ ਦਰਬਾਰ ਸਾਹਿਬ ਜੀ  
ਦੇਸ਼ ਸੇਵਾ ਸਮੇਤ ਸੇਵਾ

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ICD

ਦੇਸ਼ ਸੇਵਾ ਸਮੇਤ ਸੇਵਾ  
Dental Clinic  
Charitable Services

INDIAN DENTAL ASSOCIATION  
Dental Clinic  
Charitable Services

ਗੁਰਦੁਆਰਾ ਨਾਨਕ ਦਰਬਾਰ ਸਾਹਿਬ ਜੀ  
ਦੇਸ਼ ਸੇਵਾ ਸਮੇਤ ਸੇਵਾ

ਗੁਰਦੁਆਰਾ ਨਾਨਕ ਦਰਬਾਰ ਸਾਹਿਬ ਜੀ  
ਦੇਸ਼ ਸੇਵਾ ਸਮੇਤ ਸੇਵਾ








**ICD SECTION VI & IDA CHANDIGARH STATE BRANCH**



**CELEBRATES GIVING TUESDAY  
BY SERVING COMMUNITY LANGAR**

**30TH NOVEMBER, 2021  
GURUDWARA NANAK DARBAR SAHIB, MULLANPUR**





The Langar was served to an assembly of more than 1000 persons at the Gurudwara Premises. ICD Fellows & IDA Chandigarh members voluntarily contributed in large numbers for this noble cause. Contributions were also received from Rotary Club, Chandigarh Uptown. We are thankful to the donors.



# Vishav Gurmat Roohani Mission Charitable Trust (Regd)

**Gurdwara Ishar Parkash Ratwara Sahib**

Po. Mullanpur Garibdas Teh. Kharar Distt S.A.S Nagar (Mohali)-140901

Tel. 0160-2255001, Fax: 0160-2255009

Web: [www.ratwarasahib.org](http://www.ratwarasahib.org), Email: [atammarg1@yahoo.co.in](mailto:atammarg1@yahoo.co.in)

Ref. No. 1318

Date 4/12/2021

To

Dr. R P Gupta

President, ICD Section VI & President, IDA Chandigarh State Branch

Dear Sir,

I, Harpal Singh Vice Chairman of Vishav Gurmat Roohani Mission Charitable Trust do here thanks your good self, the members of your esteemed association & the members of Rotary Club, Chandigarh for organizing Langar Sewa at Gurudwara Nanak Darbar Sahib, Mullanpur Garibdas for a gathering of over 1000 sangat on Tuesday, 30th November, 2021.

With the divine blessings of his holiness Sant Baba Waryam Singh Ji, may your association of Respected Doctors keep on flourishing & doing more such noble deeds for the benefit of mankind.

Best Wishes!

Baba Harpal Singh

(Founder Trustee, Vice Chairman)

Vishav Gurmat Roohani Mission Charitable Trust  
Ratwara Sahib

Dr. R P Gupta (President, ICD Section VI & President, IDA Chandigarh), IDA Chandigarh members Fellow Dr. Varun Bajaj, Dr. Vijita Mehta & Dr. Gursharandeep were present. Dr. Gursharandeep Singh was the architect of this program who planned & implemented everything with his best efforts under the guidance of Fellow Dr. Varun Bajaj.